ORIGINAL RESEARCH

Identification and Characterization of a Novel Nanobody Against Human CTGF to Reveal Its Antifibrotic Effect in an in vitro Model of Liver Fibrosis

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Background: No agents are currently available for the treatment or reversal of liver fibrosis. Novel antifibrotic therapies for chronic liver diseases are thus urgently needed. Connective tissue growth factor (CTGF) has been shown to contributes profoundly to liver fibrogenesis, which makes CTGF as a promising target for developing antifibrotic agents.

Methods: In this study, we identified a novel nanobody (Nb) against human CTGF (anti-CTGF Nb) by phage display using an immunized camel, which showed high affinity and specificity in vitro. LX-2 cells, the immortalized human hepatic stellate cells, were induced by transforming growth factor beta1 (TGF β 1) as an in vitro model of liver fibrosis to verify the antifibrotic activity of the anti-CTGF Nb.

Results: Our data demonstrated that anti-CTGF Nb effectively alleviated TGF β 1-induced LX-2 cell proliferation, activation, and migration, and promoted the apoptosis of activated LX-2 cells in response to TGF β 1. Moreover, the anti-CTGF Nb remarkably reduced the levels of TGF β 1, Smad2, and Smad3 expression in LX-2 stellate cells stimulated by TGF β 1.

Conclusion: Taken together, we successfully identified a novel Nb against human CTGF, which exhibited antifibrotic effects in vitro by regulating the biological functions of human stellate cells LX-2.

Keywords: nanobody, connective tissue growth factor, liver fibrosis, hepatic stellate cells

Introduction

Chronic liver injury of various etiologies can lead to liver fibrosis characterized by excessive accumulation of extracellular matrix (ECM) in the liver.^{1–3} If remain unresolved, liver fibrosis may progress to cirrhosis, liver failure, and even hepatocellular carcinoma (HCC).¹ Chronic fibrotic liver disease and cirrhosis represent a major global health challenge. However, there are currently no approved therapeutic agents to treat or reverse liver fibrosis.^{1,2} Therefore, a deep understanding of molecular mechanisms underlying hepatic fibrogenesis is needed to identify potential targets for antifibrotic therapies.

Hepatic stellate cells (HSCs) have been identified as the primary precursor cells of myofibroblasts (MFBs), which orchestrate the deposition of ECM in normal and fibrotic liver.^{1–3} Upon liver injury, hepatocytes and nonparenchymal cells, such as Kupffer cells, endothelial cells, and neutrophil granulocytes, release cytokines and chemokines, ultimately activate HSCs to release their vitamin A and retinoid stores, and undergo dramatic phenotypic alterations, and

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transdifferentiate into MFBs.^{1,3–5} Furthermore, the activated MFBs exhibit a variety of cellular processes such as proliferation, migration, contractility, and apoptosis resistance, accompanied by secretion of cytokines, chemokines, and ECM components.⁴ Thus, targeting the activation of MFBs are emerging as a high potential a strategy for treating liver fibrosis.^{1,6}

Transforming growth factor beta (TGF β) signaling is considered as a master profibrogenic pathway responsible for ECM production and plays a key role in the pathogenesis of liver fibrosis.^{7–9} TGF β 1 is the principal isoform of TGF β which mediates SMAD2/3 dependent pathway, commonly activating HSCs and stimulating the production of ECM synthesis.^{7,8} Therefore, blocking TGF β signaling represents an attractive antifibrotic therapy.^{5,7} However, TGF β is a multifunctional cytokine and has important roles in liver physiology, and its inhibition results in undesirable side effects,^{5,7,10} which is a major challenge for translation into use of the clinic. Therefore, an improved understanding of the downstream regulatory mechanisms of TGF- β may help develop therapeutic strategies against liver fibrosis.⁷

Connective tissue growth factor (CTGF), also known as cellular communication network-2 (CCN2), is considered a downstream mediator of the effects of TGFβ on fibroblasts.^{7–9} A growing body of evidence has revealed that CTGF contributes to ECM production through several mechanisms including increasing cell proliferation, differentiation, adhesion, and migration, as well as directing interaction with matrix components.^{3,6,9} Moreover, CTGF acts synergistically with TGFβ to promote matrix protein deposition and fibrogenesis both in vitro and in vivo.¹¹ Although the level of CTGF expression is low in healthy livers of human and mice, it is strikingly enhanced in fibrotic liver diseases of various etiologies.^{11–14} Thus, CTGF might be an attractive target for antifibrotic therapy in chronic liver diseases. Indeed, several animal model studies have shown that inhibition of CTGF limited liver fibrosis, such as pharmacological agents,^{11,14} targeted siRNA approaches,¹⁵ vaccination against CTGF,¹⁶ and neutralizing antibody.¹⁷ Notably, Pamrevlumab (FG-3019), a fully recombinant human monoclonal antibody against CTGF, has emerged as a potential agent for idiopathic pulmonary fibrosis.¹⁸ However, these strategies still face a number of obstacles for clinical application, such as off-target effects, safety, and tolerability.^{18,19} Meanwhile, the advantages of reduced size of therapeutic identities, in most cases, are offset by poor in vivo stability, which causes polymerization, lower binding affinity, and issues with mass manufacturing.²⁰

Nanobodies (Nbs) have been used as imaging agents and therapeutics in preclinical and clinical studies.^{21–25} Nbs are novel type of single-domain antibody fragments (VHHs) derived from natural heavy chain-only antibodies in the

Camelidae family of mammals.^{21,24} It possesses several advantages for therapeutic applications including tumor targeting, owing to low immunogenicity, high physicochemical stability and refolding capacity, and good tissue penetration. Moreover its antigen affinity is equal to that of conventional antibodies.^{22–25} Here, we constructed the a Nb against human CTGF (anti-CTGF Nb) which showed high affinity and specificity in vitro. Then, using human immortalized hepatic stellate cells LX-2, the feasibility of the anti-CTGF Nb as an antifibrotic agent was further confirmed.

Materials and Methods

Immunization and Library Construction

Human CTGF domain II (AA101-167) was optimized using a human codon and synthesized into the pFUSE vector (Invitrogen, Carlsbad, CA, USA), as previously described.^{21,24} CTGF domain II-Fc was expressed in HEK-293F cells (American Type Culture Collection) and purified by protein A affinity chromatography. The purified antigen was mixed with Freund's adjuvant and immunized with two young camels. After seven injections, total RNA was isolated from peripheral blood lymphocytes (PBLs) of immunized camels. Reverse transcription was performed to acquire cDNA, and VHH was amplified using nested PCR. The pMECS phagemid vector and VHH were digested using restriction enzymes, and the digested vector was ligated with the target fragment. The ligation product was electrotransformed into competent Escherichia coli (E. coli) strain TG1 cells to construct a phage display library. Library capacity was measured by counting the number of monoclonal colonies grown using a gradient dilution. Twenty-four colonies were randomly selected from the library to estimate the correct insertion rate by PCR amplification.

Screening and Purification of Anti-CTGF Nb

Anti-CTGF Nb was screened through phage display bio-panning according to established methods.^{21,26,27} To identify positive colonies, individual colonies from the library were randomly selected for periplasmic extract ELISA verification. After sequencing of the screened colonies, the CTGF-specific Nb gene was amplified and subcloned into the pFUSE-mFc vector. VHH-mFc was expressed in HEK293F cells and purified by protein A affinity chromatography.

Affinity and Specificity Identification for Nanobodies

The affinity of anti-CTGF-mFc was detected by bio-layer interferometry (BLI) with a ForteBio Octet RED96 instrument (ForteBio, Menlo Park, CA, USA). The diluted biotinylated CTGF-Fc was coupled to SA biosensors and incubated with a series of diluted anti-CTGF Nb-mFc antibodies, followed by dissociation in Tris-buffered saline (TBS) containing 0.1% Tween 20 (TBS-T). The binding curves were fitted to a 1:1 binding model using the Octet Data Analysis software 9.0. The association and dissociation rates were monitored and the equilibrium dissociation constant (Kd) was determined.

To determine the binding activities of anti-CTGF Nb, human and mouse recombinant CTGF-Fc (1 μ g/mL in 100 μ L per well) were captured in a 96-well plate overnight. After blocking with 1% BSA for 2 h and washing with TBS-T for four times, the biotinylated anti-CTGF Nb was diluted in gradient of 300 μ L/mL and incubated in the relevant wells for 1 h at 37 °C, followed by SA-HRP for 1 h at 37 °C. Then, 100 μ L 3,3',5,5'-tetramethylbenzidine (TMB; Solarbio Biotechnology, Beijing, China) substrate was added to each well for 3–5 min at 37 °C. The reaction was stopped by the addition of H₂SO₄ (50 μ L/well). Absorbance was measured at 450 nm using a microplate reader (Bio-Rad, Hercules, CA, USA). For epitope competition assays, the procedure was the same as that mentioned above, except for mixing anti-CTGF Nb with the reference antibody pamrevlumab analog (FibroGen).

Immunohistochemistry

To test the binding of anti-CTGF Nb in liver sections, mouse liver samples from our recent study on nonalcoholic steatohepatitis (NASH) fibrosis were used.²⁸ In brief, NASH fibrosis was induced by diets with a choline-deficient, L-amino acid-defined, high-fat diet (CDAHFD) for 8 weeks, and a normal chow diet (NCD) as a control. Formalin-fixed, paraffin-embedded liver sections were pretreated with dewaxed, rehydrated, and heat-induced antigen retrieval, according to the standard protocol. After treatment with 3% hydrogen peroxide to block the endogenous peroxidase and 5% BSA to block the non-specific binding sites, staining for CTGF was performed overnight at 4 °C using the prepared anti-CTGF

Nb (1:100). The sections were subsequently washed and incubated with HRP-conjugated goat anti-mouse IgG secondary antibodies (Jackson Immunoresearch Inc., USA; 1:500) for 1 h at room temperature (RT). DAB chromogenic reagent (AR1022; Boster; Wuhan, China) was added to visualize positive staining and hematoxylin was used to mark the nucleus. Images were captured under randomly non-overlapping fields (\times 10 and \times 20) using a BX43 microscope (Olympus, Japan).

Cell Culture and in vitro Experimental Design

The human hepatic stellate cell line LX-2 was purchased from the Cell Bank of the Chinese Academy of Science (SCSP-527, Shanghai, China) and the cells were cultured in Dulbecco's modified Eagle medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 100 U penicillin, and 100 μ g streptomycin (all from Gibco BRL, CA) at 37 °C in a humidified atmosphere containing 95% O₂ and 5% CO₂. Cells were seeded into 6-well, 24-well, or 96-well plates for further studies after growth to the logarithmic stage. Recombinant TGF β 1 protein (YEASEN, Shanghai, China) is reconstituted in sterile 4 mM HCl to a concentration of 0.1 mg/mL and stored at -20 °C.

CCK-8 Cell Proliferation and Cytotoxicity Assay

Cell proliferation and cytotoxicity assays were conducted using Cell Counting Kit (CCK)-8-based spectrophotometric methods (Beyotime Institute Biotechnology, Shanghai, China) according to the manufacturer's protocol. LX-2 cells were seeded in 96-well plates at a density of $2.0-5.0\times10^4$ cells/mL. TGF β 1 was diluted in a gradient (1, 2, 5, and 10 ng/mL) to determine a suitable concentration to induce LX-2 cell activation in our subsequent experiments, using different concentrations of anti-CTGF Nb (1, 5, and 10 µg/mL) or vehicle to treat LX-2 cells for another 24, 48, or 72 h. The effect of anti-CTGF Nb on LX-2 cell proliferation was explored and the cytotoxicity of anti-CTGF Nb was examined. 10 µL CCK-8 solution was added and the cells were incubated at 37 °C for 1 h before measuring the absorbance at 450 nm on a microplate reader (BioTek Instruments, Inc., Winooski, VT, USA).

Wound-Healing Assay

The effect of anti-CTGF Nb on the migratory behavior of LX-2 cells was identified using a wound-healing assay. The logarithmic phase LX-2 cells were seeded in 6-well plates $(2 \times 10^5 \text{ per well})$ and cultured with or without TGF β 1 (2 ng/mL) in a 37 °C incubator. After 24 h, anti-CTGF Nb (5 µg/mL) was added to the experimental group and incubated for another 24 h. Scratches were gently created with a 200 µL pipette tip, and the medium was replaced with serum-free medium after washing three times with PBS to remove non-adherent cells. Images of the wound areas were captured at 0 h and 24 h using a phase-contrast microscope. Cell migration was quantified by measuring the wound width. The migration rate was calculated as (%) = [W (24 h) – W (0 h)]/W (0 h).

Transwell Assay

The migration ability was further validated using Transwell chambers (Corning Costar, Cambridge, Massachusetts, pore size 8 μ m). LX-2 cells were seeded in Transwell chambers in a 24-well plate (2×10⁵/well) with or without TGF β 1 (2 ng/mL) and starved in DMEM for 24 h in advance. After reaching 80–90% confluence, the cells were digested, the cell suspension (200 μ L) was added to the upper chamber, and DMEM containing 10% FBS (500 μ L) was added to the lower chamber. The anti-CTGF Nb (5 μ g/mL) or PBS was added to the upper chamber the following day. After incubation for another 24 h, the unmigrated cells were washed with a swab, fixed in 4% paraformaldehyde, and stained with 0.1% crystal violet for 15 min. Images of migrated cells were captured under a 100× microscope and counted in five randomly selected visual fields.

Flow Cytometric Analysis of Apoptosis

The extent of apoptosis was measured using an Annexin V-FITC apoptosis detection kit (Beyotime Institute of Biotechnology, Shanghai, China) according to the manufacturer's instructions. After treatment with TGF β 1 (2 ng/mL) or vehicle for 24 h, anti-CTGF Nb (5 µg/mL) was added to the experimental group for another 24 h. LX-2 cells were harvested and resuspended in 195 µL Annexin V-FITC binding buffer, 5 µL Annexin V-FITC, and 10 µL propidium

iodide (PI) solution, followed by incubation for 15 min in the dark at RT. Apoptosis of LX-2 cells was detected using a flow cytometer (ACEA Biosciences, San Diego, CA, USA). The fraction of the cell population in the different quadrants was analyzed using quadrant statistics. The lower left quadrant contained intact cells, the lower right quadrant contained apoptotic cells, and the upper right quadrant contained necrotic and post-apoptotic cells.

Quantitative Real-Time PCR

Total cellular RNA was extracted using an RNAeasyTM RNA isolation kit with a spin column (Beyotime Institute of Biotechnology, Shanghai, China) according to the manufacturer's instructions. cDNA was prepared using the RevertAid First Strand cDNA Synthesis Kit (Thermo Fisher Scientific, Inc., Waltham, MA, USA) and quantitative real-time PCR was performed using a SYBR Green PCR Master Mix Kit (Thermo Fisher Scientific, Inc., Waltham, MA, USA) and a CFX Connect Real-Time PCR system (Bio-Rad, CA, USA). Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as an internal standard, and the relative expression of target gene mRNA was calculated using the $2^{-\Delta\Delta Ct}$ method. Primer sequences used in this study are listed in Table 1.

Western Blot Analysis

Cell lysates were extracted from LX-2 cells using a radioimmunoprecipitation assay (RIPA) lysis buffer (Beyotime Institute of Biotechnology, Shanghai, China). The protein concentration was quantified using a modified bicinchoninic acid (BCA) protein concentration assay kit (Beyotime Institute of Biotechnology, Shanghai, China). Equal amounts of protein (30 μ g) were separated on a 7.5–12.5% SDS-PAGE gel and then transferred onto polyvinylidene (PVDF) membranes (Bio-Rad, California, USA). After blocking with 5% skim milk in TBS-T for 2 h, membranes were incubated with primary antibodies (1:1000 dilution) in the same buffer overnight at 4 °C. The primary antibodies used were anti- α SMA (Proteintech, Wuhan, China), anti-collagen I (ab6308, Abcam Inc., Cambridge, MA, USA), anti-MMP9 (Servicebio Technology, Co., Ltd, Wuhan, China), anti-Smad2 (Proteintech, Wuhan, China), anti-Smad3 (ab4084, Abcam Inc., Cambridge, MA, USA), and anti- β -actin (Proteintech, Wuhan, China), anti-Smad3 (ab4084, Abcam Inc., Cambridge, MA, USA), and anti- β -actin (Proteintech, Wuhan, China), anti-Smad3 (ab4084, Cli:2000; Proteintech, Wuhan, China) or HRP-conjugated goat anti-mouse (1:3000; Proteintech, Wuhan, China). BeyoECL Plus (Cat #P0018, Beyotime) was used to develop images using a Tanon 5200 machine (Tanon Science and Technology Co., Ltd., Shanghai, China). For semi-quantitative analysis, images were acquired by microscopy and analyzed using the ImageJ V1.8.0 software (National Institutes of Health, Bethesda, MD, USA). Relative protein abundance in each sample was normalized to that of β -actin.

Immunofluorescence

For immunofluorescence staining, LX-2 cells treated with or without TGF β 1 (2 ng/mL) were seeded into 24-well plates and cultured with or without anti-CTGF Nb (5 µg/mL) for 24 h. The LX-2 cells were fixed in 4% paraformaldehyde for 30 min before treatment with 0.5% Triton X-100 for 15 min at RT and then blocked with 3% BSA for 1 h to avoid non-

Primer Name	Primer Sequences
αSMA	5'-TGCTGTCTCTCTATGCCTCTG-3' (forward)
	5'-CACGCTCAGTCAGGATCTTCA-3' (reverse)
COLIAI	5'-CTGTTGTCATACTTCTCATGG-3' (forward)
	5'- AGTAGAGGCAGGGATGATGTT-3' (reverse)
Smad2	5'-AGAGAGTTGAGACACCAGTTT-3' (forward)
	5'-TTGGTCACTTGTTTCTCCATC-3' (reverse)
Smad3	5'-AACCTATCCCCGAATCCGATG-3' (forward)
	5'-CCCCTCCGATGTAGTAGAGCC-3' (reverse)
GAPDH	5'-AATCAAGTGGGGGCGATGCTGG-3' (forward)
	5'- AGCCAAATTCGTTGTCATACC-3' (reverse)

Table I	Primer S	equences	Used for	Quantitative	RT-PCR i	in This	Study
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specific staining. Next, the cells were incubated with 1:500 diluted anti-CTGF Nb and anti- α SMA antibodies (Proteintech, Wuhan, China) at 4 °C overnight, followed by Alexa Fluor 488-labeled (1:500; ab234075, Abcam Inc., Cambridge, MA, USA) or Alexa Fluor 594-labeled (1:500; ab150116, Abcam Inc., Cambridge, MA, USA) goat antimouse secondary antibodies for 1 h at RT, and stained with 1 µg/mL DAPI (C1002; Beyotime; Shanghai, China) for 5 min. Images were obtained using a fluorescence microscope (Nikon).

Public Datasets Analysis

Four Gene Expression Omnibus (GEO) datasets, GSE68000, GSE155017, GSE68001, and GSE49301, were downloaded from the GEO website (<u>https://www.ncbi.nlm.nih.gov/geo/</u>). A p value less than 0.05, and |log2-fold change (FC)|>1 were considered statistically significant. The results of differentially expressed genes (DEGs) are presented using heatmaps and volcano maps.

Statistical Analysis

Data are expressed as mean \pm standard deviation (SD). Comparisons between two groups were performed using Student's *t*-test (unpaired, two-tailed). Differences between multiple groups were determined by one-way analysis of variance (ANOVA), followed by Tukey's post-hoc test. All analyses were performed using the GraphPad Prism 9.4.1 software (La Jolla, CA, USA). Differences were considered statistically significant at p < 0.05. All our Western blots and cell culture experiments were repeated independently at least 3 times with similar results.

Results

CTGF VHHs Were Screened from the High Quality Libraries by Phage Display Technology

CTGF domain II fused to Fc (CTGF domain II-Fc) was purified as an antigen using the HEK-293F eukaryotic expression system (Figure 1A). After immunization and RNA extraction from PBLs, the VHHs gene was amplified through the first and second PCR to produce ~700 bp fragments of VHH-h-CH2 (Figure 1B) and ~400 bp fragments of VHH (Figure 1C). Immunization and screening strategies are shown in Figure 1A. The capacity of libraries was determined by counting the number of colonies. The sizes of the library 1 and 2 were measured at 4.0×10^8 and 1.0×10^9 colony-forming units (CFU), respectively (Figure 1D). Individual colonies from libraries 1 and 2 were randomly selected for PCR analysis, and the results showed that the library insertion rates were 100% (Figure 1E), suggesting that high-quality phage display libraries for anti-CTGF VHHs were obtained.

The CTGF-specific Nb library was identified by biopanning the phage-display library. To evaluate the screening effect, positively screened phage (phage specifically bound to antigen) and negatively screened phage (phage bound to Fc) were infected with E. coli TG1 cells in a logarithmic growth phase, the bacterial solution was cultured in serial gradient dilutions, and the library enrichment fold (+/-) was calculated as the ratio of the number of colonies. After three consecutive rounds of panning, the phage particles in the two libraries were gradually enriched 68 and 71 folds, respectively (Figure 1F). PE-ELISA was performed to detect positive clones in randomly selected colonies. Positive clones were sequenced and nanobodies from different families were fused with mouse Fc in the HEK-293F expression system.

Functional Activity Determination of the Anti-CTGF Nb

SDS-PAGE analysis showed that the Nbs had a single band of high purity (Figure 2A). In the affinity assay, we showed that the KD value of the anti-CTGF Nb was 1.86E-09, implying that the anti-CTGF Nb exhibits a high affinity towards CTGF (Figure 2B). To assess the function of the anti-CTGF Nb, the binding ability of CTGF in humans and mice was determined. The results showed that anti-CTGF Nb exhibited high binding activity to both human and mouse CTGF with EC_{50} values of 33.15 ng/mL and 29.18 ng/mL, respectively (Figure 2C). In the epitope competition assay (Figure 2D), the anti-CTGF Nb exhibited a comparable affinity and similar epitope to pamrevlumab (FG-3019), which has been established as a potential therapeutic option for patients with idiopathic pulmonary fibrosis in a Phase 2 trial.^{18,28}



Figure 1 Construction and screening of VHH library. (A) Schematic depictions of the immunization and screening strategy used to isolate anti-CTGF Nbs. PBLs, peripheral blood lymphocytes. The cropping gel of purified CTGF-domain II-Fc antigen is displayed. (B) The segments containing VHH gene fragments were amplified by a first PCR. (C) The fragments were then amplified by a second PCR. (D) The capacity of library 1 and 2 was estimated by counting colony numbers after serial dilutions and plating on plates containing selective antibodies. (E) The correct insertion rates of library 1 and 2 were estimated by performing PCR on randomly selected 24 colonies. Clones were randomly selected to detect the percentage of clones with a phagemid containing an insert of a proper size for a VHH. (F) The enrichment for phage particles of library 1 and 2 was detected after three consecutive rounds of panning. Land M DNA marker: +: positive screened phages transformed into TG1 cells after panning with CTGF-Fc. -: negative screened phages panning with Fc were used as control.



Figure 2 Functional activity identification of anti-CTGF Nb. (A) SDS-PAGE gel analysis for the purified anti-CTGF Nb. Lane I was loaded with protein marker (M); lane 2 exhibited purified human CTGF-domain II-Fc antigen. The samples were separated by using 10% gradient PAGE gels and stained with Coomassie blue. (B) The affinity of CTGF nanobody was detected by Fortebio detection. The experiment was performed in triplicate and one representative experiment was shown. (C) The specificity of anti-CTGF Nb to human CTGF and mouse CTGF was detected by ELISA. (D) The epitope competition assays of CTGF nanobody with the reference antibody pamrevlumab analog.

Effect of the Anti-CTGF Nb on Proliferation and Migration of LX-2 Cells Stimulated by TGF β I

TGF β 1 is a master fibrogenic cytokine that contributes to the trans-differentiation of the LX-2 human HSC cell line, and TGF β 1 was introduced to establish an in vitro model of liver fibrosis.^{2,29} In the present study, cell viability was determined to verify whether the anti-CTGF Nb can limit the growth and proliferation of LX-2 cells in response to TGF β 1. First, a gradient concentration of TGF β 1 (1, 2, 5, and 10 ng/mL) was used to determine the optimal concentration in this experimental study. Compared with the vehicle-treated groups, the proliferation of TGF β 1 for 48 h. However, after inducing higher concentrations of TGF β 1 (5–10 ng/mL), the viability of LX-2 cells tended to decrease (Figure 3A), which may be attributed to the excessive cytotoxic effects of high-dose TGF β 1 stimulation. To assess the effect of the anti-CTGF Nb on the proliferation of LX-2 cells, different concentrations of the anti-CTGF Nb (1, 5, and 10 µg/mL) were added to LX-2 cells after treating with 2 ng/mL TGF β 1 for 24 h. Treatment with anti-CTGF Nb markedly alleviated the proliferation of LX-2 cells stimulated with TGF β 1 in a concentration-dependent manner (Figure 3B). In line with this result, microscopic observation showed that LX-2 cells tended to display quiescent morphological alterations after treatment with the anti-CTGF Nb compared to the vehicle-treated and TGF β 1-stimulated groups (Figure 3C).

As activated HSCs acquire migratory ability, the potential effect of the anti-CTGF Nb on this parameter was assessed by wound healing and Transwell assays. The wound-healing assay demonstrated that the migration rate of LX-2 cells increased remarkably after stimulated with TGF β 1 (2 ng/mL) for 24 h compared to that of vehicle-treated cells, whereas a lower migration rate was observed when 5 µg/mL anti-CTGF Nb co-existed (Figure 3D). In parallel, the Transwell migration assay also confirmed the positive effect of the anti-CTGF Nb in reducing the migration of LX-2 cells stimulated by TGF β 1. But, a significant increase in the number of migrated cells was observed in the TGF β 1-stimulated groups, which remarkably decreased when the cells were subsequently incubated with the anti-



Figure 3 Effect of anti-CTGF Nb on proliferation and migration of LX-2 cells treated with TGF β 1. (**A**) CCK-8 assays showed proliferation change of cells. LX-2 cells were treated with the increased concentration of TGF β 1 (1, 2, 5, and 10 ng/mL) or an equal volume of PBS for 24 h. (**B**) Effect of anti-CTGF Nb at various concentrations (1, 5, and 10 µg/mL) on the proliferation of TGF β 1-treated LX-2 cells was determined by CCK-8 assay after 24, 48 or 72 h. (**C**) Morphology of LX-2 cells under different treatments for 24 h. (**D**) The migration rate of cells was detected by wound-healing test. Representative microphotographs showing the wound closure distance at 0h and 24 h post wounding. Dashed lines indicate initial wounds. Morphometrical analysis was performed to measure the remnant wounding area. The migration rate is shown as % of initial wounding area. (**E**) Cell mobility was detected by Transwell assay. Scale bars: 100 µm. All data are presented as mean ± SD from three independent experiments. [#]p < 0.05, ^{##}p < 0.01 vs the control group; *p < 0.05, **p < 0.01 vs the TGF β 1 group.

CTGF Nb (5 μ g/mL) (Figure 3E). These results suggest that anti-CTGF Nb limits the migration of LX-2 cells in response to TGF β 1.

Taken together, these results indicated that the anti-CTGF Nb strikingly inhibited the proliferation and migration of LX-2 cells treated with TGF β 1 in vitro.

Effects of the Anti-CTGF Nb on the Activation of LX-2 Cells and Fibrogenesis

To identify the antifibrotic activity of the anti-CTGF Nb in LX-2 cells in vitro, we measured the expression of fibrotic markers including collagen type 1 alpha 1 (COL1A1), α SMA, and MMP9. As expected, TGF β 1 (2 ng/mL) led to the activation of LX-2 cells and subsequently increased the protein levels of α SMA, COL1A1, and MMP9, which further triggered a positive feedback loop to accelerate the progression of fibrosis. Notably, the expression of these proteins failed to up-regulate or even decrease in TGF β 1-treated LX-2 cells when anti-CTGF Nb (5 µg/mL) was present (Figure 4A). In addition, TGF β 1 also enhanced the expression of Smad2 and Smad3 protein; however, treatment with the anti-CTGF Nb (5 µg/mL) resulted in the decreased expression of these two proteins (Figure 4B), indicating an inhibitory effect on the TGF β 1-induced Smad2/3 pathway by the anti-CTGF Nb. Similarly, TGF β 1-activated LX-2 cells showed up-regulation of mRNA transcript levels of COL1A1, α SMA, Smad2, and Smad3, which was abrogated



Figure 4 Effects of anti-CTGF Nb on the activation of LX-2 cells and fibrogenesis. (A and B) Western blot analysis for α SMA, COLIAI, MMP9, Smad2, and Smad3 in LX-2 cells; β -actin as loading control. (C) The mRNA levels of α SMA, COLIAI, Smad2, Smad3 were detected by qRT-PCR. Results were normalized to the GAPDH mRNA and expressed as fold change compared to control group. (D) Representative immunofluorescence staining of CTGF (green). Nuclei were stained with 4', 6-diamidino-2-phenylindole (DAPI) (blue). Scale bars: 50 µm. (E) Representative immunofluorescence staining of α SMA (red). Nuclei were stained with DAPI (blue). Scale bars: 50 µm. $\frac{##}{p} < 0.01$ vs the control group; $\frac{*p}{p} < 0.05$, $\frac{**p}{p} < 0.01$ vs the TGF β I group.

following anti-CTGF Nb (5 μ g/mL) treatment (Figure 4C). The antifibrotic effects of the anti-CTGF Nb (5 μ g/mL) were also validated by immunofluorescence staining for CTGF and α -SMA (Figure 4D and E). Taken together, our results revealed that the anti-CTGF Nb had an inhibitory effect on the activation of LX-2 cells and subsequently limited the production of ECM.

Effects of the Anti-CTGF Nb on Apoptosis of LX-2 Cells in Response to TGF β I

To assess cellular tolerance, CCK-8 assay showed that pretreatment on unstimulated LX-2 cells with different dosage of anti-CTGF Nb (0, 1, 5 and 10 μ g/mL) for 24 or 48 h did not significantly affect cells viability (Figure 5A). Then, the apoptosis of LX-2 cells was assessed by measuring the levels of cleaved caspase-3, the active form of caspase-3, using Western blot. Our results exhibited that the anti-CTGF Nb (5 μ g/mL) treatment led to a higher expression of the apoptotic marker protein (cleaved caspase-3) (Figure 5B). Meanwhile, apoptotic LX-2 cells were also assessed by flow cytometry after cells stained with a combination of Annexin V/FITC and PI. Our results demonstrated that TGF β 1-stimulated LX-2 cells led to a relatively lower apoptosis rate compared with the vehicle-treated cells, which was significantly reversed and further induced after treatment with anti-CTGF Nb (5 μ g/mL) (Figure 5C). Altogether, our results indicate that the anti-CTGF Nb promotes apoptosis of the activated LX-2 cells while free from cytotoxicity to LX-2 cells under quiescent conditions.

CTGF is Up-Regulated in Fibrotic Liver Samples from Patients and Mice

Histological alterations, collagen deposition, and CTGF expression in livers were detected through HE, Sirius red staining, and IHC. HE staining revealed that CDAHFD induced obvious hepatic steatosis, inflammation, and hepatocyte ballooning; Sirius red staining showed notable collagen accumulation (Figure 6A). Hepatic CTGF expression was significantly elevated and was predominantly distributed in the fibrogenic region around the portal area at the interface between the fibrous septa and liver parenchyma (Figure 6A). Of note, HSCs are considered the primary source of CTGF expression and are compressed by the endothelium and hepatocytes in the perisinusoidal space.

We further excavated the GEO database to validate the overexpression of CTGF in activated HSCs from liver tissues of patients with NASH. The heatmap of the top DEGs indicated that CTGF was significantly up-regulated in human activated HSCs (aHSCs) compared with human quiescent HSCs (qHSCs) (p < 0.05) (Figure 6B). As shown in the volcano plots (Figure 6C), GSE68000 also indicated that CTGF was up-regulated in human aHSCs compared to human hepatocytes and liver sinusoidal endothelial cells (LSECs) (p < 0.05), which supports the notion that HSCs are the primary source of CTGF expression. Moreover, both GSE68000 and GSE68000 further validated the increased expression level of CTGF in human aHSCs compared with that in human qHSCs, the finding is consistent with the heatmap.

Discussion

Fibrotic liver disease and cirrhosis represent a massive global health concern with limited therapeutic agents.³⁰ Consequently, there is an urgent need to develop curative options that can mitigate or reverse liver fibrosis.^{3,30} In this study, we successfully identified and screened stable nanobodies that specifically target human CTGF. Furthermore, the antifibrotic effect of the anti-CTGF Nb was characterized by regulation of the physiopathological function of LX-2 cells in an in vitro model of liver fibrosis.

CTGF/CCN2 has received considerable attention as a critical determinant of progressive fibrosis; and TGF β is a master regulator of HSC activation and liver fibrogenesis and most TGF β responses involved CTGF stimulation.⁹ Furthermore, CTGF functions broadly in liver fibrogenesis that mediates cell proliferation, differentiation, migration, adhesion, ECM production and remodeling.⁹ Therefore, blocking CTGF may provide a potential target for antifibrotic therapies.^{17–19}

In the current study, VHHs genes were amplified from the mRNA of peripheral blood lymphocytes of immunized Bactrian camels. We obtained the anti-CTGF Nbs from a phage display library derived from camels immunized with human domain II of CTGF (von Willebrand type C repeat homology domain) (Figure 2A). Notably, CTGF/CCN2 is originally an inactive precursor that needs to undergo proteolytic processes to display the biological activity of signaling fragments.^{31,32} N-terminal CTGF is produced from CTGF by proteolytic cleavage in the linker region and is commonly



Figure 5 Effects of anti-CTGF Nb on apoptosis of LX-2 cells in response to TGF β 1. (A) The cytotoxic effect of anti-CTGF Nb in LX-2 cells was determined by CCK-8 assay at various concentrations (0, 1, 5, and 10 µg/mL) for 24 h and 48 h. (B) Representative Western blots showing cellular extracts cleaved caspase-3, and β -actin as loading control. (C) Anti-CTGF Nb (5 µg/mL) increased the rate of apoptosis in activated LX-2 cells in response to TGF β 1 (2 ng/mL) for 24 h. Cell apoptosis was detected using a Annexin V-FITC Apoptosis Detection Kit. The results are shown as the mean ± SD from three independent experiments. **p < 0.01 vs the TGF β 1 group.

observed in biological fluids such as plasma or urine.^{31,32} Indeed, FG-3019 targets domain II of CTGF, which has been validated for the inhibition of CTGF activities in experimental animal models of fibrotic diseases, as well as in clinical trials for kidney fibrosis and idiopathic pulmonary fibrosis.^{18,31,33} Previous studies have revealed that the C-terminal



aHSCs vs LSECs and Hepatocytes

aHSCs vs qHSCs

Figure 6 Expression and function identifications of CTGF in NASH liver fibrosis model of mice and human. (**A**) Histology of liver sections from NCD or CDAHFD-fed mice stained for CTGF, H&E, as well as Sirius red staining. Insert showing the typical CTGF-positive cells, lobular inflammation, and pericellular fibrosis. Scale bars: 100 µm (up 3 panels) and 200 µm (bottom panel). (**B**) Heatmap depicting the representative DEGs (sorted by fold change and p value) in the human quiescent HSCs (qHSCs) and human activated HSCs (aHSCs). CTGF is among the top DEGs and is highlighted in yellow. Database-based gene expression analysis was conducted using public data sets obtained from GEO at site the NCBI (http://www.ncbi.nlm.nih.gov/geo/). (**C**) Volcano plots of DEGs between human activated HSCs (aHSCs) and human hepatocytes, liver sinusoidal endothelial cells (LSECs) (from GSE68000), and DEGs between human activated HSCs (aHSCs) and human quiescent HSCs (qHSCs) (from GSE68000 and GSE68001 respectively). Representative fibrogenesis-related genes including CTGF are labeled in the plots.

Abbreviations: NCD, normal chow diet; CDAHFD, choline-deficient, L-amino acid-defined, high-fat diet.

domain of CTGF is an attractive target for profibrotic disorders using neutralizing antibodies.^{32,34} Not surprisingly, this novel anti-CTGF Nb has a higher avidity binding to human CTGF, and camelid single-chain antibodies have exceptional properties, making them appropriate for treating fibrotic liver diseases. However, the combination of FG-3019 and CTGF in vivo have been demonstrated to be subject to highly rapid clearance, necessitating the administration of higher doses and/or more frequently.³¹ We further validated the high affinity and specificity of the identified nanobody targeting CTGF using Fortebio detection and ELISA, respectively (Figure 2B and 2C).

To characterize the antifibrotic effect of this novel anti-CTGF Nb, we used an in vitro liver fibrosis model to study.³⁵ LX-2 cells consists of immortalized HSCs derived from normal human liver tissue, which are characterized by the expression of α SMA and the production of cytokines and collagen after activation.^{2,35} We found that nanobodies against CTGF inhibited the activation of LX-2 cells and limited the levels of fibrotic markers such as α SMA, COL1A1, and MMP9 as confirmed by Western blot (Figure 4). Thus, these results indicated that anti-CTGF Nb might exert striking effects against liver fibrosis in vitro. Furthermore, sustained activation of HSCs led to discrete alterations in cell behaviour, including proliferation, chemotaxis, fibrogenesis, contractility, matrix degradation, and chemoattractant/cytokine release.⁴ Our results exhibited that treatment with the anti-CTGF Nb inhibited TGF β 1-induced cellular proliferation and migration, supporting CTGF as a mitogenic regulator in LX-2 stellate cells (Figure 3). Since CTGF is believed to be responsible for the increased survival and resistance of MFBs to apoptotic stimuli in the state of persistent activation,^{4,19} blocking CTGF using this targeted-CTGF Nb led to the promotion of LX-2 stellate cell apoptosis, as confirmed by the up-regulation of the apoptotic marker cleaved caspase-3 and elevated Annexin V/PI staining (Figure 5). Interestingly, a previous study has revealed that pamrevlumab might down-regulate pro-survival signals in MFBs, thereby mitigating fibrotic and inflammatory responses.¹⁸

In this study, the levels of Smad2 and Smad3 were induced in TGFβ1 treated LX-2 cells but were dramatically repressed by anti-CTGF Nb (Figure 4B and C), suggesting that anti-CTGF Nb-mediated inhibition of liver fibrosis was associated with down-regulation of the TGFβ1/Smad2/3 pathway. It is well documented that the TGFβ1/Smads signaling pathway plays a crucial role in HSC activation during liver fibrogenesis.¹⁰ Upon phosphorylation by activated TGFβ1, Smad2 and Smad3 translocate into the nucleus and subsequently regulate the transcription of downstream fibrosis-related genes.³⁶ In turn, CTGF has been shown to regulate TGFβ1 production and amplify the fibrogenic activity of TGFβ1, creating a positive feedback loop.³⁷ Moreover, persistent liver inflammation led to this loop activation and uncontrolled, then subsequently induced a large amounts of ECM production.³⁷ However, targeting CTGF with this nanobody could block the CTGF-TGFβ1 interaction by limiting Smad2 and Smad3 expression. Although we demonstrated that the anti-CTGF Nb had excellent antifibrotic effects in an in vitro experimental model using LX-2 stellate cells, further studies are needed to better characterize these Nbs and to assess their pharmacokinetics, efficacy, and safety in preclinical animal models.

Additionally, we used murine NASH fibrosis and healthy liver samples for immunostaining to visualize and assess the performance of our anti-CTGF nanobodies bound to liver sections. Our results showed that CTGF expression was remarkably higher in fibrotic livers than in normal livers (Figure 6A), and that CTGF staining was mainly located in the hepatic sinusoid. Moreover, animal model studies have confirmed that blocking CTGF using siRNA has a beneficial effect on liver fibrosis,^{15,38} indicating that CTGF functions as a critical profibrogenic cytokine in the liver. Although the cellular distribution of CTGF in fibrotic livers may depend on the etiology and time of the disease,^{39,40} several studies have shown that HSCs and fibroblasts are the major sources of CTGF in the liver during fibrogenesis.^{16–18} Here, we used the GEO database to validate the overexpression of CTGF in liver tissues of human NASH. Indeed, CTGF was distributed in the activated HSCs of fibrotic livers (Figure 6B and C).

Conclusion

In conclusion, we successfully identified Nbs against human CTGF, which exhibited the highest affinity and specificity in vitro. Using a cellular model of liver fibrosis, we confirmed the antifibrotic properties of the anti-CTGF Nb by regulating the profibrotic function of LX-2 stellate cells.

Ethics Statement

The normal and NASH liver specimens in this study was approved by the Animal Care and Use Committee of Shanghai Tongji University (Experimental Animal Center of Tongji University School of Medicine (No.TJBH06821101). All camels are carefully raised with consent from the owner in Jiaxiang County Aquaculture Farm, Shandong Province, China. All procedures were conducted according to the National Institutes of Health Guide for the Care and Use of Laboratory Animals.

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Disclosure

The authors declare no conflicts of interest in this work.

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